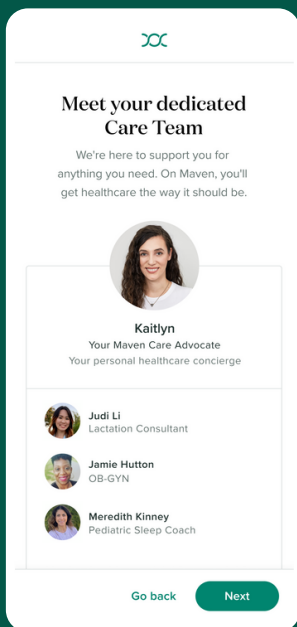




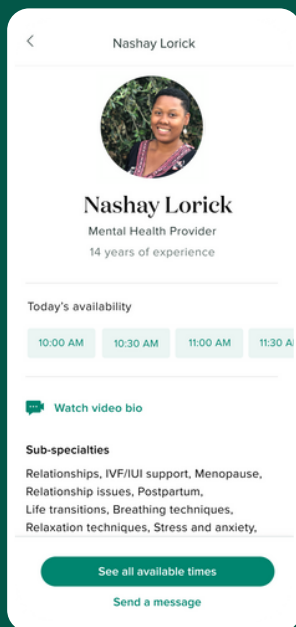
# Meet Maven. Free virtual support for those sleepless nights, first smiles, and everything in between.

You and your partner have free access to Maven for 24/7 pregnancy and postpartum support and guidance—all in one app.

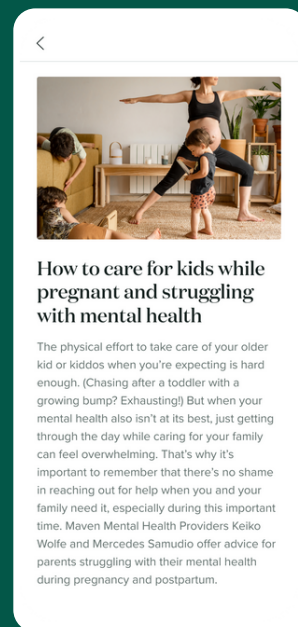
Your membership includes:



24/7 personalized support from a dedicated Care Advocate



Virtual appointments and messaging with providers—any time day or night



On-demand classes, groups and articles for expert guidance you can trust

If you are a UHC member, complete all 3 steps to receive a \$100 reward through Rally:

- Enroll by week 26 of pregnancy
- Have a video appointment with your dedicated Care Advocate
- Complete the survey postpartum survey program in the app after giving birth



Scan the QR code to get started or go to [mavenclinic.com/join/IPG](https://mavenclinic.com/join/IPG) or download the Maven Clinic App.

## Get support with things like:



Creating your birth plan



Breastfeeding or bottle feeding support



Navigating infant sleep



Returning to work



Managing your mental health

Join today