

IT'S TIME TO START THINKING ABOUT YOUR ANNUAL BENEFITS!

## Make a positive, powerful change in your life

Sign up for Hinge Health, and be a movement person. Get virtual care to reduce everyday joint and muscle aches, recover from injury, and more.

## Specialized care, personalized for you

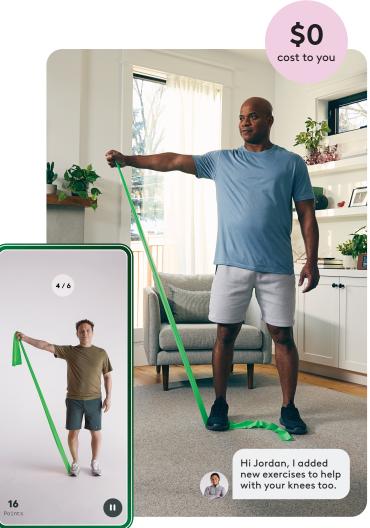
 1-on-1 support
From a physical therapist or health coach.

## • A care plan

Designed by your physical therapist for your everyday activities and busy life.

All costs covered

You earned Hinge Health benefits through IPG. **There's \$0 cost to you.** 



## Scan the QR code or visit: hinge.health/interpublic-oe



Please use the default camera on your device to scan the QR code, not a thirdparty application. If you are directed to a site other than the URL listed above, do not proceed.

NEW MEMBERS ONLY Start your program, and get a yoga mat on us!\*



\*Eligibility to receive complimentary items is based on the program in which you are placed and subject to availability upon completion of your first exercise therapy session. Users may receive an alternative item if the featured item is unavailable.

Employees and dependents 18+ enrolled in a UnitedHealthcare medical plan through IPG are eligible.