





Leading teams has its rewards and challenges. How do you balance the need for compassion with the need to still get work done? How do you manage your own stress while still modeling resilience and self-care? To help you be successful in all aspects of your managerial role, CCA@YourService is available any time, any day, for any issue that affects your work teams as well as your personal life.

## As managers and organizational leaders, you can:

- Gain immediate access to experts that deal with complicated or sensitive people issues
- Proactively identify and address employee performance concerns
- Support training and professional development needs of individuals and teams
- Coordinate support when grief or trauma impact the workforce
- Obtain promotional and educational resources that foster wellness and work-life balance

## As employees, you and your family members have access to:

- Needs assessment and referral to short-term counseling
- Referrals to services in your local area for childcare, elder care, daily living, legal, and financial needs
- Robust website featuring skill-building content, free seminars, legal and financial tools, and more



**CCA@YourService:** 24/7 free, confidential counseling, resources, and support for employees and their families

## **CONNECT TO GET STARTED:**

COUNSELING SERVICES REQUEST FORM: cca.eapintake.com

PHONE: **800-833-8707** 

WEB:

www.myccaonline.com
Company Code: ipgus

