

**CCA**   
@YourService



**IPG**

# Introduction to CCA@YourService

A HOLISTIC LIFE RESOURCE WITH SOMETHING FOR EVERYONE



# Agenda

- Who is CCA?
- What is CCA@YourService?
- Who can use the program?
- How do I use the program?
- Q & A





## Who Is CCA?

- Corporate Counseling Associates is a provider of programs that enhance individual and organizational performance and well-being
- We have over 35 years experience in the industry
- We are based in NYC, and serve organizations nationwide and around the globe





# What is CCA@YourService?

**A resource to help you manage your life more effectively and improve your overall well-being**

- No cost
- Confidential
- Available to you and your family members
- Staffed by caring professional counselors and work/life specialists with a depth of expertise
- Provides access to assistance any time, any day



# Areas of assistance for employees and family members



EMOTIONAL WELL-BEING	CHILD CARE	ADULT AND ELDER CARE	DAILY LIVING	LEGAL AND FINANCIAL
Stress, Anxiety, Depression	Locating Child Care	Aging	Home Improvement	Identity Theft
Life Transitions	Parenting/Child Development	Housing Options	Pet Care	Wills and Estate Planning
Relationship and Family Concerns	Pre/post-Natal Health	Caregiver Support	Health/Fitness	Divorce and Custody
Grief and Trauma	Adoption	Medicare and Medicaid	Moving and Relocation	Bankruptcy
Addiction and Recovery	Education	Community Resources	Event Planning	Budgeting and Debt/Credit Management
Workplace Issues	Work/Family Balance	Adults with Disabilities	Travel/Leisure	Saving for the Future
			Disaster Recovery	

In-the-moment support

Short-term counseling: up to 8 free sessions—per issue, per year—based on clinical need

Referral to long-term/specialized care, when indicated

# Emotional Well-Being

- Stress
- Depression
- Anxiety
- Family/relationship issues
- Life transitions/resiliency
- Grief and loss
- Addiction and recovery
- PTSD or vicarious trauma
- Workplace concerns



Needs  
assessment

Confirmed,  
matched  
referrals via  
email or text

Educational  
materials, when  
indicated

# Child care

- Provider location for child care, day care, babysitters, summer camp, and after-school programs
- Adoption
- Communication and parenting
- Developmental stages
- Education: preschool to grad school
- Pre/post-natal health
- Safety
- Special needs





Needs  
assessment

Confirmed,  
matched  
referrals via  
email or text

Educational  
materials, when  
indicated



# Adult and elder care

- Understanding and locating types of care, including assisted living, nursing homes, in-home care, etc.
- Keeping your older relative safe
- Handling legal and financial issues
- Navigating Medicare/Medicaid
- Locating community resources





Needs  
assessment

Confirmed,  
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indicated



## Daily living

- Relocation
- Home improvement
- Pet care
- Health and wellness
- Community resources
- Travel and leisure
- Disaster prevention and recovery
- Volunteer opportunities



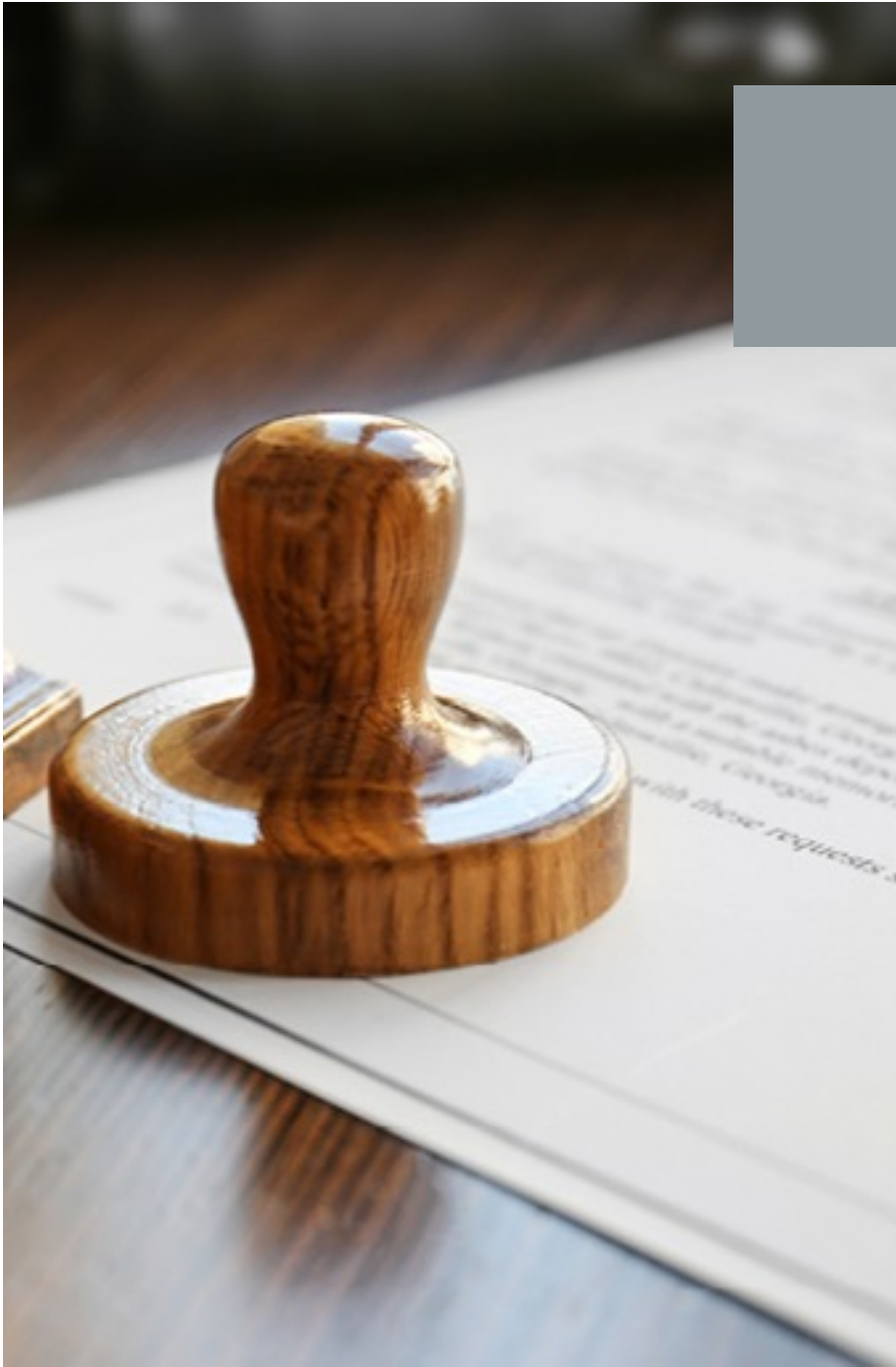
Free initial  
consultation  
with an attorney

By phone or in  
person

Discount on  
hourly rate if  
attorney is  
retained

# Legal support

- Adoption
- Child custody
- Contract review
- Divorce and separation
- Elder law
- Immigration
- Landlord/tenant issues
- Wills and estate law



Free initial phone consultation with a qualified financial educator

Referrals to specialized resources



# Financial support

- Budgeting
- Managing debt
- Choosing a financial planner
- Tax preparation and filing
- Recovering from identity theft
- Locating student financial aid resources
- Understanding saving and investment terminology





# My CCA Online

COMPANY CODE: IPGUS



Welcome to CCA@YourService, a comprehensive lifestyle benefit for you and your family. As part of the program, this website offers a hub of articles and information on popular topics, and connects you to exclusive resources, tools, and daily living calculators.

To get started, enter your company code below.

Company Code:

Submit



# What is on the website?

Information, articles, and tips on popular topics

Self-search databases to help locate resources and providers

Online training modules, self-assessments, and skill builders

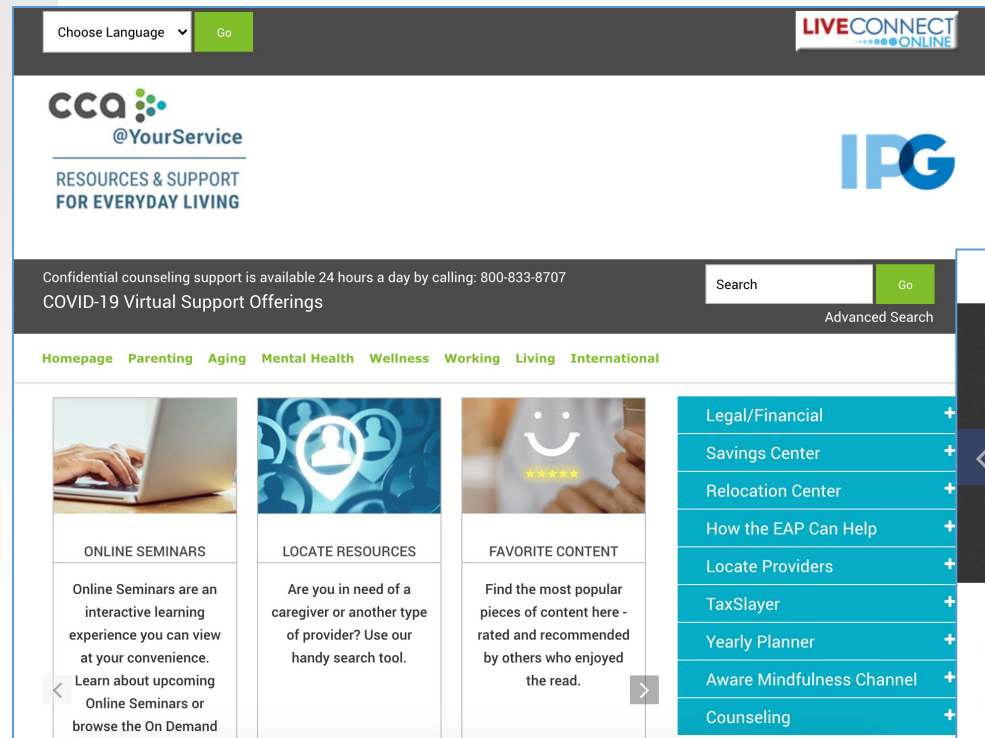
Interactive and archived webinars

Exclusive discounts when you shop at the Savings Center

Financial and daily living calculators for a variety of practical applications

Breaking news from trusted sources, along with helpful tips sheets and resources, in the News For You feature

And so much more!



The screenshot shows the top portion of the CCA @YourService website. At the top right is the 'LIVECONNECT ONLINE' logo. Below it is the CCA @YourService logo and the text 'RESOURCES & SUPPORT FOR EVERYDAY LIVING'. To the right is the IPG logo. A navigation bar contains the text: 'Confidential counseling support is available 24 hours a day by calling: 800-833-8707 COVID-19 Virtual Support Offerings'. Below this is a search bar with a 'Go' button and a link to 'Advanced Search'. A horizontal menu lists categories: 'Homepage', 'Parenting', 'Aging', 'Mental Health', 'Wellness', 'Working', 'Living', and 'International'. On the left, there are three featured sections: 'ONLINE SEMINARS' (with an image of hands on a laptop), 'LOCATE RESOURCES' (with an image of a location pin), and 'FAVORITE CONTENT' (with an image of a smiley face). On the right, a vertical menu lists services: 'Legal/Financial', 'Savings Center', 'Relocation Center', 'How the EAP Can Help', 'Locate Providers', 'TaxSlayer', 'Yearly Planner', 'Aware Mindfulness Channel', and 'Counseling', each with a plus sign.

## News For You

Hurricane Season

[Updated September 21, 2020] Hurricane season is in full swing, and it's already been an active season for storms this year.



[READ MORE](#)

## Features

Virtual Group Counseling

More Face Time, Less Screen Time

Planning for Parental Leave

Investing in Your Family

Busy Families: Establishing a Morning Routine



Engaging in counseling is personal decision you make from within your own level of awareness and need for change.

[Read the Full Article](#)

# Things to remember

TOLL-FREE:  
800-833-8707



WEBSITE:  
[www.myccaonline.com](http://www.myccaonline.com)

COMPANY CODE: **IPGUS**

## CCA@YourService is:

- A holistic, time-saving resource that promotes balance and self-care
- Free for employees and family members
- Always available
- Always confidential

